

For Immediate Release

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Sheldon, Krebs Add Victories To Their Roxbury Ledger

ROXBURY – For the second consecutive week Jeff Sheldon and Theresa Krebs were the overall male and female champions, respectively, easily defeating their challengers over a 2.4-mile course at the Roxbury Road Race Series that included a jaunt along a steep downhill.

Sheldon, 32, of Southbury was the overall winner with a time of 13-minutes, 58-seconds – a 5:49-per-mile pace.

The layout included a series of uphill inclines through the first eight-tenths of a mile before the field strode down the roller-coaster downhill on Chalybes Road.

It was Sheldon's 22nd triumph this year in the weekly series.

Nelson Azevedo, 53, placed second in 14:36.

Krebs, 43, of Roxbury prevailed for the 26th time in the women's division this year and took seventh overall in 16:07.

Following the race, the runners distributed some of the 91 yellow T-shirts that they recently purchased in the 17th annual fund-raising campaign.

Former Roxbury season champion Dave Harvey, who lived in Bridgewater for many years, did the primary art work for the 16th consecutive year and Michelle Marcisz assembled the sponsor art.

The runners raised\$ 2,048 in this year's campaign. Since 1996, they have received more than \$33,000 in contributions.

In addition to purchasing the T-shirts, at least \$600 from the campaign will be donated to area high school cross country and track & field teams.

The Nonnewaug-Woodbury, Pomperaug-Southbury, New Milford, Brookfield, Oxford and Shepaug Valley-Washington high schools can each submit proposals for grants by Mar. 31, 2013.

A committee will determine the recipients next April.

The 2012 series will conclude Saturday, Dec. 1, at 8:30 a.m. with a run over the same 2.4-mile course, except in the opposite direction. There will be no entry fee. However, the runners are asked to bring a toy to give to a needy child during the holiday season.

Following the race, plaques will be presented to the top finishers in the season standings and the rookie of the year and most improved runner.

The runners will sponsor the ninth annual Roxbury Marathon Saturday, Dec. 8, starting at 8:30 a.m. The field has already been closed out.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park on Apple Lane.

For more information, contact Scott Benjamin, the head director, at BenjaminS@wcsu.edu or (O) (203) 837-9999, ext. 19825.

Race Results

Roxbury Race Series 2012 - Race #39 - November 24, 2012

Down Chalybes - 2.4 miles

Order of Finish

<u>place</u>	<u>name</u>	<u>age</u>	<u>time</u>	<u>pace</u>
1	Jeff Sheldon	32	13.58	5.49
2	Nelson Azevedo	53	14.36	6.05
3	Stosh Davis	14	14.41	6.07
4	Rob Zapletal	42	15.17	6.22
5	Ryan Ripp	26	15.22	6.24
6	Mike Abraham	52	15.37	6.30
7	Theresa Krebs	43	16.07	6.43
8	Eric Koenig	32	16.18	6.48
9	Jeff Tindell	62	16.20	6.48
10	Brian Vanderheiden	42	16.21	6.49
11	Ken Merrick	43	16.23	6.50
12	David McNamara	56	16.29	6.52
13	Lou Denaro		16.34	6.54
14	Dan Readyoff	43	16.44	6.58
15	Leah Masopust		16.52	7.02
16	Kevin McCullough	47	16.55	7.03
17	Steve Whitcomb	34	16.57	7.04
18	Steve Haas	57	17.22	7.14
19	Larry Deming	55	17.23	7.15
20	Scott Benjamin	54	17.29	7.17
21	Ross Levy	61	17.49	7.25
22	John A. Adomelis	57	18.04	7.32
23	Chris Deming	46	18.05	7.32
24	Russ Pribanic	58	18.13	7.35
25	Nick Nassra	46	18.23	7.40
26	Krystal Koenig	29	18.38	7.46
27	Whitney Goodman		18.59	7.55
28	Dan Lynch	50	19.03	7.56

29	Emily Davis	28	19.23	8.05
30	Ed Keplinger	48	19.32	8.08
31	Bob Lewis	47	19.33	8.09
32	Dan Burns	49	19.33	8.09
33	Damian McCullough	13	19.57	8.19
34	Nora Hulton	49	20.05	8.22
35	Jeanne Bartkus	53	20.22	8.29
36	Janet Levy	58	20.32	8.33
37	Daniel Nittardi	9	20.33	8.34
38	Matt McCullough	10	20.52	8.42
39	Craig Puffenberger	51	21.41	9.02
40	Paul Butler	54	21.47	9.05
41	Cynthia Shaw	43	22.05	9.12
42	Bob Satterlee	63	22.20	9.18
43	Jennifer Claybrooks	22	22.29	9.22
44	Kim Pollard		23.20	9.43
45	Kateri Danay	14	23.25	9.45
46	Joseph Danay	50	23.26	9.46
47	Keith Dupree	70	24.12	10.05
48	Mo Van Moffaert	52	24.21	10.09
49	Sharon Gawe	60	24.37	10.15
50	Estelle Dupree		25.08	10.28
51	Ed Moros	65	25.35	10.40
52	Charlie Euston	68	25.36	10.40
53	Jeanne Keplinger	49	25.48	10.45
54	Lee Anne Zarger	58	27.42	11.33