

For Immediate Release

Contact: Scott Benjamin

(O) (203) 837-9999, ext. 19825

(cellular) (860) 354-3521

BenjaminS@wcsu.edu

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Sheldon, Krebs Finish In Roxbury Land Trust Race Winners Circle

ROXBURY – Jeff Sheldon, 32, and Theresa Krebs, 43, added to their victory totals in the weekly Roxbury Road Race Series by winning their respective divisions in the fourth annual Roxbury Land Trust 3.0-miler.

Sheldon of Southbury was the top overall finisher for the 17th time this year, covering the layout, which began at the entrance to the land preserve on River Road and finisher near the pond at that open space parcel, in 17-minutes, 31-seconds – a 5:50-per-mile pace.

Ken Merrick, 43, who is leading the point standings for the season, was second in 17:59.

Krebs of Roxbury annexed the female title for the 20th time this year at Roxbury, as she took sixth place overall in 19:37.

The \$5-per-runner entry fee generated \$270 for the Roxbury Land Trust.

The series will resume Saturday, Sept. 29, at 8:30 a.m. with the 2.4-mile Ed Sandifer Handicap, which will start and finish near the Everett Hurlburt Community Park on Apple Lane. The course will include a trip down the steep hill on Chalybes Road.

The runners will take off on a staggered start, based on their ability. Results will be compiled for both their handicap and the actual times.

There will be a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will benefit Sandifer of Newtown, an 11-time champion of the race series who suffered a severe stroke in Aug. 2009.

After the race, he will be the featured guest during a breakfast that will be held at the community park.

The weekly races are sanctioned by the Roxbury Recreation Commission.

For more information, contact Scott Benjamin, the head director, at BenjaminS@wcsu.edu, (O) (203) 837-9999, ext. 19825 or access www.roxburyraces.net.

Race Results

Roxbury Race Series 2012 - Race #31 - September 22, 2012 River Road Preserve - 3 miles

Order of Finish

<u>place</u>	<u>name</u>	<u>age</u>	<u>time</u>	<u>pace</u>
1	Jeff Sheldon	32	17.31	5.50
2	Ken Merrick	43	17.59	6.00
3	Eric Koenig	32	19.08	6.23
4	Mike Abraham	52	19.16	6.25
5	Chris Deming	45	19.19	6.26
6	Theresa Krebs	43	19.37	6.32
7	David McNamara	56	20.08	6.43
8	Jeff Tindell	62	20.44	6.55
9	Brian Vanderheiden	42	20.45	6.55
10	Nate Mahrer	40	20.50	6.57
11	John A. Adomelis	57	20.59	7.00
12	Dan Readyoff	43	21.14	7.05
13	Larry Deming	55	21.27	7.09
14	Nick Nassra	46	21.32	7.11
15	Scott Benjamin	54	21.36	7.12
16	Brandon Davis	27	22.12	7.24
17	Ross Levy	61	22.24	7.28
18	Tom Dever	60	22.27	7.29
19	Brian Gildea		22.31	7.30
20	Krystal Koenig	29	22.49	7.36
21	Russ Pribanic	58	23.07	7.42
22	Dirk Feather	37	23.23	7.48
23	David Mariani	48	23.31	7.50
24	Steve Whitcomb	34	24.23	8.08
25	Harry Ong	72	24.28	8.09
26	Joseph Danay	50	24.36	8.12

27	Ray Acunto	43	24.43	8.14
28	Dan Lamb	50	25.02	8.21
29	Paul Butler	54	25.08	8.23
30	Emily Davis	28	25.14	8.25
31	Baerbel LoSacco	40	25.21	8.27
32	Janet Levy	58	25.27	8.29
33	Erik LoSacco	9	25.31	8.30
34	Nora Hulton		26.21	8.47
35	Bob Lewis	47	27.10	9.03
36	Craig Puffenberger	51	27.23	9.08
37	Lynn Zuback	46	27.48	9.16
38	Bob Satterlee	63	29.48	9.56
39	Sharon Gawe	60	31.17	10.26
40	Charlie Euston	68	31.20	10.27
41	Charlotte Zapletal	9	31.43	10.34
42	Nita Drakatos	51	34.25	11.28
43	Cindy Scannell	54	35.21	11.47
44	Lee Anne Zarger	58	35.39	11.53
45	Virginia Zapletal	5	38.33	12.51
46	Rob Zapletal	42	38.37	12.52
47	Max Wight	9	38.56	12.59
48	Audrey Wight	40	38.59	12.60

Alternate courses

place	name	age	distance	time
49	Al Mletzko		1.03	16.34