## Merrick, Krebs Prevail At Roxbury Land Trust Run

ROXBURY – Ken Merrick and Theresa Krebs continued to add to their portfolio at the Roxbury Road Race Series as they were the overall male and female champions Saturday, Sept. 21, in the fifth annual Roxbury Land Trust Run.

Merrick, 44, of New Fairfield covered the 3.0-mile course, which started and finished at the Roxbury Land Trust preserve on River Road, in 17-minutes, 42-seconds, a 5:42-per-mile pace. It was the 20<sup>th</sup> time this season that he was the overall winner in the weekly races.

Joshua Rockwell, 34, placed second overall with a clocking of 17:51.

Krebs, 44, of Roxbury annexed the woman's title for the 22<sup>nd</sup> time this season and finished eighth overall in 20:07.

The runners raised \$329 for the Roxbury Land Trust through the \$5-per-entrant race fee.

The series will resume Saturday, Sept. 28, at 8:30 a.m. with the fifth annual 2.4mile Ed Sandifer Handicap, which is named after the Newtown resident and former Western Connecticut State University math professor who captured the Roxbury season title a record 11 times.

There will be a \$5 entry fee that can be paid that morning from 7 to 8:20 a.m. Proceeds will be given to Sandifer.

The runners will take off on a staggered start according to their ability.

The Bob Lewis MidAutumn Championship will be held Saturday, Nov. 2, at 8:30 a.m. The race is named after a former head director of the series who still competes in the races.

There will be a \$5 entry fee that can be paid that morning between 7 and 8:20 a.m. Proceeds will go to the Roxbury park improvement fund.

The races, which are sanctioned by the Roxbury Recreation Commission, mostly start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the head director, at <u>BenjaminS@wcsu.edu</u>, (O) (203) 837-9999, ext. 19825 or access <u>www.roxburyraces.net</u>.