Rensselaer Polytechnic Institute Cross Country Captain Captures Roxbury Run

ROXBURY – Former Brookfield High School runner Paul Malek, 22, now a captain on the Rensselaer Polytechnic Institute cross country team, easily won a 3.52-mile run Saturday, Mar. 15, at the Roxbury Road Race Series.

Malek covered the layout, which included a trip up the long hill on Hemlock Road, in 20-minutes, 36-seconds – a 5:51-per-mile pace.

Ken Merrick, 45, of New Fairfield, the defending two-time season champion in the weekly race series, placed second in 21:35.

Leah Papsin, a former Wamogo High School and University of Connecticut at Storrs soccer player, took first in the women's division and ninth overall with a 23:18 clocking.

The series will continue Saturday, Mar. 22, at 8:30 a.m. with a 3.57-mile run that will include a journey down the steep hill on Chalybes Road and up the long incline along Hemlock Road. There will be no entry fee.

The Larry Kershnar 4.3-mile MidSpring Challenge will be held Saturday, Apr. 26, at 8:30 a.m. There will be a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will go to the Roxbury park improvement fund.

The race is named after the late Dr. Kershnar, who was head director of the race series from 1980-1985.

The top overall male and top overall female finisher will each receive a \$10 gift certificate to an area running store.

The runners also will announce at the post-race awards ceremony the high schools that will receive their annual grants.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the head director, at BenjaminS@wcsu.edu, (O) (203) 837-9999, ext. 19825 or access www.roxburyraces.net.