

Sheldon Wins Long, Challenging Roxbury Run

ROXBURY – Former two-time season champion Jeff Sheldon annexed his second straight victory this month at the Roxbury Road Race Series by outrunning a talented field over an 11.1-mile run that included a trip up the steep, eight-tenths-of-a-mile incline along Botsford Hill Road.

The 33-year-old Southbury resident was clocked in 1-hour, 15-minutes, 5-seconds over the layout. Ken Merrick, 45, of Southbury, the two-time defending season champ was second in 1:19.28.

Alison Masopust, 30, was the first female finisher and took seventh overall in 1:24.28.

The series will resume Saturday, Oct. 18, at 8:30 a.m. with a 4.3-mile run that will go down the hill on High Bridge Road. There will be no entry fee.

The Bob Lewis MidAutumn Championship will be held Saturday, Nov. 1, at 8:30 a.m. There will be a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will go to the Roxbury park improvement fund.

The top overall male and top overall female finisher will each receive a \$10 gift certificate to an area running store.

The race is named after a former head director of the races, who still runs each week and marks the course with mile signs and directional arrows.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the head director, at BenjaminS@wcsu.edu or (cellular) (860) 354-3521.