

April 7, 2014

## **Roxbury Road Race Series Awards \$600 To Pomperaug Runners**

**ROXBURY – The Roxbury Road Race Series gave all \$600 from its 16<sup>th</sup> annual grants campaign to the Pomperaug High School-Southbury cross country and track & field teams to purchase athletic cross-training machines.**

**In particular, they will allow runners recovering from injuries to continue cardiovascular training until they are prepared to do their regular workouts.**

**The weekly series has collectively contributed more than \$8,500 to area high schools since 2000 from the program. The money is raised through the annual T-shirt/grants campaign. The T-shirts are distributed each November.**

**The grants were reviewed by a seven-member committee.**

**The high school athletic directors at the Shepaug Valley-Washington, Nonnewaug-Woodbury, Oxford, Brookfield, New Milford and Pomperaug high schools were asked last October to provide proposals on what they would do with \$600 or some portion of that figure to improve their cross country/track & field programs.**

**Photographed in the attached picture are Mark Goodwin, the head coach of the Pomperaug girls' and boys' cross country teams and the girls' track and field team, and his assistant coach, Karen Kleinschmeet, who also is a teacher at the school, which has students from Southbury and Middlebury.**

**Goodwin, who has coached cross country since 1973, is a member of the Danbury High School Athletic Hall of Fame and coached the Bethel High School girls' cross country team to the 1989 State Open title.**

**The Roxbury Road Race Series, which has events almost every Saturday from mid-February to early-December, will formally announce its 2016 grants program this October.**

