

Goodman, Masopust Prevail Over Roxbury 4.2-miler

ROXBURY – Bill Goodman, who completed the Boston Marathon earlier this month, and Alison Masopust, who has been emerged as the top force in the women’s division at the Roxbury Road Race Series this year, annexed the male and female titles Saturday, April 30, over a 4.2-mile loop.

Goodman, 36, of Middlebury, outlasted runner-up Jeff Sheldon, 35, of Southbury by seven seconds. He was clocked in 25-minutes, 26-seconds – a 6:03-per mile pace. Sheldon was timed in 25:33 over the layout, which included a trip down the long hill on Hemlock Road and up the steep incline on Ranney Hill Road.

Masopust, 31, of Morris placed fourth overall in 27:39. She took the female title for the eighth time this season in the weekly Roxbury runs.

Between the primary race and the alternate runs, there were 60 finishers bringing the average turnout this year to slightly more than 57 runners per week through the first 11 events.

The series will continue Saturday, May 7, at 8:30 a.m. with the 26th annual 4.3-mile Larry Kershner MidSpring Challenge. There is a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will go to the Roxbury park improvement fund.

The late Dr. Kershner, who lived in Roxbury and was an educator at New Milford High School and then Western Connecticut State University in Danbury for many years, was head director of the series from 1980 through 1985.

The third annual Lyme Disease Awareness Race will be held Saturday, May 14, at 8:30 a.m. over a 4.2-mile route. There will be a \$5 entry fee that can be paid that morning from 7:40 to 8:20. Proceeds will go to the Class of 2017 at Shepaug Valley High School-Washington. Optional donations can be made for Lyme Disease Research. State Rep. Art O’Neill (R-69) of Southbury will speak during the post-race ceremony.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the head director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521 or access www.roxburyraces.net.