

# **Sandifer Staggered-Start Run Slated For September 24 At Roxbury**

**ROXBURY – The Ed Sandifer staggered-start race - named after a former Boston Marathon regular, local running standout and university professor – will be held again by the Roxbury Road Race Series.**

**The popular 2.4-mile event is scheduled for Saturday, September 24, at 8:30 a.m. The runners will take off from the starting line based on their ability. There are usually clusters of runners of differing ability approaching the finish line.**

**The weekly series compiles results on both the staggered-start finishes and the actual times.**

**Sandifer, who won the Roxbury season series 12 times after moving to the area in 1986, started the event in 1988.**

**The Newtown resident completed the Boston Marathon every year from 1973 through 2009. He suffered a stroke in August 2009. He taught Math and Business for 23 years at Western Connecticut State University in Danbury.**

**He has attended the staggered start race throughout the recent years.**

**There will be a \$5 entry fee that can be paid that morning from 7 to 8:20 a.m. Proceeds will go to Sandifer, who has regularly donated them to the series' T-shirt/grants campaign. The runners distribute T-shirts each November and in April they donate grants to high school cross country programs in the area.**

**The race, which is sanctioned by the Roxbury Recreation Commission, will start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.**

**For further information, contact Scott Benjamin, the head director of the series, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net).**