

Sheldon, Masopust Romp At Roxbury Run

ROXBURY – Former two-time season champion Jeff Sheldon and this year's women's points leader, Alison Masopust, took the laurels Saturday, April 29, at the Roxbury Road Runners Club's 4.8-mile run.

Sheldon, 36, of Southbury covered the loop which went out to a point on Judd's Bridge Road and back in 29-minutes, 45-seconds, 6:12-per-mile pace.

Defending five-time season champion Ken Merrick, 47, of New Fairfield placed second in 30:23.

Masopust, 33, of Morris was the first female finisher and took sixth overall in 33:06 for her seventh triumph this season in the women's division at the weekly series.

The 27th annual Larry Kershner MidSpring Challenge will be held Saturday, May 6, at 8:30 a.m. over a 4.3-mile course that will include a trip down the hill on High Bridge Road.

There will be a \$5 entry fee to raise money for the CT Challenge bicycle event, which assists cancer survivors.

Runners can gain entry to the run through the \$50 season membership or a \$5 weekly waiver.

The late Dr. Kershner, a former long-time Roxbury resident, was head director of the series from 1980 to 1985 and expanded what was an eight-race summer schedule to 40 races. He taught Science at New Milford High School, where he became the department chairman, for many years and then was a professor in the Education Department at Western Connecticut State University in Danbury.

The fourth annual Lyme Disease Awareness Run/Walk will be held Saturday, May 13, at 8:30 a.m. over a 3.52-mile layout for the run and a 1.8-mile loop for the walk. It is sponsored by Class of 2017 at Shepaug Valley High School in Washington.

There will be a suggested \$10 entry fee to benefit Lyme disease awareness.

State Rep. Art O'Neill (R-69) of Southbury will be one of the featured speakers at the post-race ceremony.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at (860) 354-3521, ScottBenjaminWCSU2014@gmail.com or access www.roxburyraces.net.