

Deming Dominates 3.52-mile Roxbury Run

ROXBURY – Former season champion Chris Deming cruised so easily to victory that he could have triumphed if he had been running in Italian hand-made derby shoes.

Deming, 51, of Danbury was timed in 24-minutes, 37-seconds - a 7:00—per-mile pace - over a 3.52-mile course at the weekly Roxbury Road Races Club series.

He easily bested Nolan Legere, 23, of Brookfield, who took second in 25:31.

Donna Lesch, 50, of Southbury was the first female and took 12th overall in 28:43 over the course, which included a trip down the long hill on Hemlock Road.

Following the race, the runners distributed the T-shirts from their annual fund-raising campaign.

This year's drive netted more than \$2,600. Since 1996, the runners have generated more than \$44,000 in contributions from sponsors.

The T-shirts were designed by Dave Harvey, a former Bridgewater resident and a former season champion in the series. David McNamara, who has been running in the series for several years and has been designing posters related to the runs, assembled the sponsor art.

The runners are donating at least \$600 to the annual grants campaign. Letters seeking proposals were sent this summer to the Pomperaug-Southbury, New Milford, Shepaug Valley-Washington, Brookfield, Nonnewaug-Woodbury and Brookfield high schools. They have until March 31 to submit a statement. A committee will select the winners in April.

The series will sponsor the Thanksgiving Charity Race on Thursday, November 23, at 9 a.m. over a 3.1-mile course that will go up and down the hill on Hemlock Road.

There will be a \$10 entry fee that can be paid that morning from 7 to 8:50 at the Everett Hurlburt Community Park at 18 Apple Lane, near where the race will start and finish.

Proceeds will be sent to the American Red Cross to assist Hurricane Harvey victims.

The race is limited to the first 50 entrants. They can register at the Roxbury Races Facebook Page.

The series will resume on Saturday, November 25, at 8:30 a.m. with a 2.4-mile jaunt that will include a trip down the steep hill on Chalybes Road.

Runners can enter through the \$50 season membership or the \$5 weekly waiver.

The runners will accept donations of pre-owned pajamas and other clothing items to give to needy families.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the community park.

For further information, contact Scott Benjamin, the race director, at (860) 354-3521, ScottBenjaminWCSU2014@gmail.com or access www.roxburyraces.net.