

Sheldon, Valin Score Victories On Roxbury 4.2-mile Route

ROXBURY – Jeff Sheldon and Debby Valin were knighted as champions of King Roxbury's Race Roundtable with triumphs over a challenging 4.2-mile route that included a jaunt up the long incline along Ranney Hill Road.

Sheldon, 37, of Southbury, a season champion in the weekly Roxbury Road Races Club series in 2005 and 2010, was first overall in 26-minutes and 58-seconds – a 6:25-per-mile pace.

Chris Deming, 51, of Danbury placed second in the Saturday, April 21, event with a clocking of 29:44.

Running just five days after completing the Boston Marathon, Valin, 50, of Woodbridge annexed the female title and placed 10th overall in 35:09.

The weekly series will resume on Saturday, April 28, at 8:30 a.m. with a 3.7-mile race.

Runners can enter through the \$25 season membership or the \$2 weekly waiver fee. Youth runners can enter for free.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521 or access www.roxburyraces.net