

Deming, Contorno Prevail Over Challenging 7.2-mile Painter Hill Road Course

ROXBURY – Chris Deming and Lauren Contorno delivered performances worthy of a shower of confetti by winning their respective divisions over a demanding 7.2-mile loop at the Roxbury Road Races Club series.

Deming, 51, of Danbury earned the silver trophy platter by finishing the course, which included a trip up the steep inclines on Painter Hill Road, in 51-minutes, 39-seconds – a 7:10-per-mile pace. He is a former season champion in the series.

Nate Mahrer, 46, who lives in New York City and Roxbury, took second in the Saturday, September 29, event with a time of 55:09.

Contorno, 53, was the first female and 11th overall with a 1:05.46 clocking.

The weekly series will resume on Saturday, October 6, at 8:30 a.m. with a 4.4-mile run that will include a jaunt up the hill on Chalybes Road and down the long incline on Hemlock Road.

The course was designed by long-time runner Dave Harvey.

Runners can enter through the \$25 season membership or the \$2 weekly waiver. Youth competitors can participate for free by completing the weekly waiver.

The Roxbury Marathon/Half Marathon are slated for Saturday, November 10, at 8:30 a.m. Registration is available at www.roxburyraces.net.

The second annual Roxbury Thanksgiving Charity Race will be held on Thursday, November 22, at 9 a.m. There will be no race-day registration. Runners can enter for \$12.50 via the Ultra Sign-up link at www.roxburyraces.net.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521 or access www.roxburyraces.net.

