Sheldon, Lesch Shine Again At Roxbury Series

ROXBURY – Jeff Sheldon collected his fourth crown of the season and Donna Lesch annexed third gold medal as they bested their respective competitors over a 3.9-mile route that included a jeep trail filled with rocks, stones, roots, mud and dirt.

Sheldon of Southbury – a former two-time season champion at the weekly Roxbury Road Runners Club series – was clocked in 24-minutes, 11-seconds – on the time trial course in which the runners entered the jeep trail off of River Road just before the 3-mile mark.

Chris Deming of Danbury, who also has won the Roxbury season title, was second overall in 27:51.

Lesch of Southbury took the female honors and placed fourth overall with a clocking of 31:20.

The series will resume on Saturday, April 24, at 8:30 a.m. with a 4.8-mile event that will include a trip along part of Judd's Bridge Road.

Runners can enter through the \$25 season membership, or the weekly waiver. Runners that already have a timing chip can purchase a weekly waiver for \$2. If a runner needs to get a timing chip, the weekly waiver will cost \$5. Youth runners can participate for free after completing the weekly waiver form.

The time trial events, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Part at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net.