O'Shea, Degirolamo Pace Roxbury Run Field

ROXBURY – Tim O'Shea captured the overall crown and Cynthia Degirolamo garnered the women's banner for the third time this year at the Roxbury Road Runners Club series.

O'Shea was clocked in 32-minutes, 3-secionds – a 6:40-per-mile pace – over the 4.8-mile time trial event, which included a trip in both directions on Judd's Bridge Road.

Degirolamo of Newtown was seventh overall in the Saturday, April 24, run with a time of 38:55. She is a former season champion in the weekly series.

The runs will resume on Saturday, April 1, at 8:30 a.m. with the 31st annual Larry Kershnar MidSpring Challenge over a 4.3-mile route that will include a trip down the hill on High Bridge Road.

The race is named after the second head director of the series, who expanded it in the mid-1980s from eight races through the summer to the current early-March to early-December format.

Runners can enter through the \$25 season membership or via a weekly waiver. If they already have a timing chip, the weekly waiver fee is \$2. If they need to purchase a timing chip, the fee is \$5. Youth runners can participate for free by completing the weekly waiver.

The events, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net