<u>Lipchus, Miller Wear Roxbury Harrier</u> <u>Crowns</u>

ROXBURY – Jeff Lipchus and Elizabeth Miller captured their respective divisions over a challenging 5.0-mile route at the weekly Roxbury Road Runners Club series.

Lipchus, 21, was the overall champion with a time of 34-minutes, 53-seconds – a 6:59 per mile pace – over the layout, which included a trip down the hill on Squire Road and a series of uphill sections along South Street.

Mark Andrejczyk of Shelton was second in 37:27.

Miller , 46, annexed the Roxbury female division for the fourth time in the last five races and placed fourth overall with a clocking of 38:36.

David McNamara of New Haven, who placed 10th in the event, is leading the season standings with 427 points.

The series will resume on Saturday, August 14, at 8:30 a.m. with a 5-mile route that will include a trip through part of the Brian Tierney Preserve off of Squire Road.

Runners can enter through the \$25 season membership. They also can participate by signing a weekly waiver form. If they have a timing chip, the cost is \$2. If they do not have a timing chip, the fee is \$5. Youth runners can enter for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, typically start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net.