July 24, 2021

## <u>Sheldon Scores Fifth Win Of Roxbury</u> <u>Regular Season</u>

**ROXBURY** – Jeff Sheldon posted his fifth triumph of the regular season at the Roxbury Road Runners Club series by easily striding past the field 37 opponents on a 2.4-mile loop.

Sheldon of Southbury, a former two-time season champion in the series, was clocked in 15-minutes, 22-seconds – a 6:24per-mile pace – on the course, which included a trip up the steep hill on Chalybes Road.

Rachel Hartley annexed the female title and was sixth overall with a clocking of 18:17.

There will be no race on Saturday, July 31, since the New Milford Village Fair Day races will be held.

The series will resume on Saturday, August 7, with a 5.0mile race that will include a trip down the long hill on Squire Road.

Runners can enter through the \$25 season membership. They also can participate by completing the weekly waiver form. If they have a timing chip, the fee is \$2. If they do not have a chip the cost is \$5. Youth runners can compete for free after completing the weekly waiver. The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com , (860) 354-3521 or access www.roxburyraces.net.