## **Starodaj Captures Roxbury Mile I**

ROXBURY – Tom Starodaj ventured from the Hardware City to the heart of the Shepaug Valley on Saturday, May 22, and easily annexed the crown at the Roxbury Mile I.

Starodaj of New Britain covered the route through the Everett B. Hurlburt Park and parts of Rocky Mountain Road and Apple Lane in 5-minutes, 43-seconds at the weekly Roxbury Road Runners Club series.

Kateri Danay was ninth overall in the field of 32 runners at the weekly and topped the female division with a clocking of 7:28.

The series will continue on Saturday, May 29, at 8:30 a.m. with a 3.52-mile event that will include a trip up the hill on Hemlock Road.

Runners can enter through the \$25 season membership. They also can participate by completed the weekly waiver form. If they already have a timing chip, the fee is \$2. If they need a timing chip, the cost is \$5. Youth runners can compete for free after completing the weekly waiver form.

All runners should pre-register through the link at www.roxburyraces.net.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net.