Lipchus, Danay Follow The Trail To Victory

ROXBURY – Jeff Lipchus and Kateri Danay returned to the winners' circle at the Roxbury Road Runners Club series after racing through a 3.5-mile course with trails covered with rocks, stumps and mud.

Lipchus and Danay had each prevailed in their respective divisions a week earlier over a 3.7-mile loop.

On Saturday, November 27, Lipchus, 38, of Newtown edged Scott Fitch by one second at the Shepaug River Trail event.

Lipchus posted his fifth victory of 2021 at Roxbury with a 30-minute, 10-second clocking – an 8:37-per-mile pace.

Fitch placed second in 30:11.

Danay was third overall and the first female finisher with a time of 30:47.

David McNamara of New Haven, who placed 12th overall, is leading the season standings with 835 points. Danay is second with 767 points.

The course was designed by Steve Leslie of Brookfield, who has run in the races for a number of years.

The last points race of the season will be run on Saturday, December 4, at 8:30 a.m. over a 2.4-mile layout, which will include a trip down the steep hill on Chalybes Road.

Runners should pre-register through the link at <u>www.roxburyraces.net</u>.

The series will accept unwrapped toys for the collection box at the Troop A state police headquarters in Southbury and non-perishable goods for the Roxbury Food Pantry at the Christ Church. The series will conclude its 2021 season with a 5.0-mile fun run on Saturday, December 11, at 8:30 a.m. Plaques for the top six male and top six female runners for the season will be awarded.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlbrut Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voice-mail) (860) 354-3521 or access <u>www.roxbury</u>races.net.