## <u>Sheldon, Danay Prevail Over</u> <u>The Long Run</u>

ROXBURY – Jeff Sheldon, who posted his seventh win of 2021, and Kateri Danay, who continues to emerge as one of the most improved runners in the series, were in the winner's circle after completing an 11-mile course that included a trip up Botsford Hill, which may be the highest elevation this side of the Empire State Building.

Sheldon of Southbury was first overall in the Roxbury Road Runners Club series event with a clocking of 1-hour, 17-minutes and 13seconds – a 7:01 per mile pace. Steven Pack, 40, of Roxbury was the runner-up at 1:22.00.

Danay, 23, who has been running in the races since she was in middle school, was the first female on Saturday, September 25, and took seventh overall in 1:35.23.

The series will resume on Saturday, October 2, at 8:30 a.m. with the Ed Sandifer Race over a 2.4-mile route that will include a trip down the hill on Chalybes Road. The event is named after the Newtown resident who captured the Roxbury season title 12 times and completed the Boston Marathon each year from 1973 through 2009.

Runners should pre-register before Friday, October 1, at <u>www.roxburyraces.net</u>.

They can enter through the \$25 season membership. They also can participate by completing the weekly waiver form. The charge is \$2 if they already have a timing chip. The fee is \$5 if they do not have a chip. Youth runners can compete for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voicemail) (860) 354-3521 or access www.roxburyraces.net.