<u>Lipchus, Danay Complete Roxbury Triple</u> <u>Crown</u>

ROXBURY – Jeff Lipchus and Kateri Danay each posted a third consecutive victory in their respective division at the weekly Roxbury Road Runners Club series – taking the blue ribbon over a challenging 4.2-mile course.

Lipchus, 38, of Newtown, the overall winner, was timed in 28-minutes, 14-seconds – a 6:43-per-mile pace. Tim O'Shea, 32, of Waterbury placed second overall in 29:24.

Danay, 24, of Waterbury was the first female and took sixth overall in the Saturday, April 16, event with a clocking of 32:05.

The series continues on Saturday, April 23, at 8:30 a.m. with a 5.0-mile race that will include a trip down the long hill on Squire Road.

Runners can participate through the \$25 season membership. They also can enter by completing the weekly waiver form. If they have a timing chip, the cost is \$2. If they require a timing chip, the fee is \$5. Youth runners can participate for free after completing the weekly waiver form.

The 32nd annual Larry Kershnar MidSpring Challenge will be run on Saturday, May 7, at 8:30 a.m. over a 4.3-mile route. The race is named after the second head director of the series.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com or (Voice-mail) (860) 354-3521, or access www.roxburyraces.net or the Roxbury Races Facebook page.