Saturday, August 20, 2022

## <u>McNamara Conquers Judd's Bridge Road 4.8-</u> <u>miler</u>

ROXBURY – Rory McNamara, 15, the youngest runner in the field, cruised to victory over a challenging 4.8-mile course at the Roxbury Road Runners Club series.

McNamara of Kent, who runs for the Taft School in Watertown, was clocked in 32minutes, 31-seconds – a 6:46-per-mile pace – over the turnaround loop, which included a trip along part of Judd's Bridge Road and each direction.

McNamara, finished more than two and a half minutes ahead of the second finisher, Steven Pack, 41, of Roxbury, who was timed in 35:04.

McNamara's mother, Rina McNamara, was ninth overall with a time of 38:08.

They represented one of four parent and child pairings that participated in the Saturday, August 21, races in the weekly series.

Kateri Danay, 24, of Waterbury was the first female finisher and took fifth overall with a time of 36:11. Her father, Joseph Danay, completed an alternate course.

The series will continue on Saturday, August 27, at 8:30 a.m. with a 6.2-mile race.

Runners can compete through the \$25 season membership. They also can complete by completing the weekly waiver form. If they have a timing chip the charge is \$2. If they don't have a timing chip, the fee is \$2. Youth runners can compete for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

The series will sponsor its fifth annual Thanksgiving Day Charity Race on Thursday, November 24, at 9 a.m. over a 3.1-mile route. Runners can pre-register at <u>https://ultrasignup.com/register.aspx?did=95688</u>. There also will be race-day registration. For further information on the series, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voice-mail) (860) 354-3521 or access <u>www.roxburyraces.net</u> or the Roxbury Races Facebook page.