

Saturday, July 2, 2022

Sheldon Shines Again At Roxbury Race Series

ROXBURY – Jeff Sheldon annexed his sixth victory in the last seven races at the Roxbury Road Runners Club series by easily striding past a field of 31 competitors over a 2.4-mile loop that included a trip up the steep hill on Chalybes Road.

The 42-year-old Southbury resident was clocked in 15-minutes, 57-seconds – a 6:39-per-mile pace - in the Saturday, July 2, event. Sheldon is a former two-time season champion in the weekly series.

Randy Watkins, 58, of New Milford was the second fastest harrier with a time of 16:46.

Kateri Danay, 24, of Waterbury was the first female finisher for the sixth time in the last seven races in the weekly series. She was fourth overall in 18:28.

Chris Deming, who did not compete in the 2.4-mile race, leads the season standings with 527 points. Danay is second at 525 points.

The series will continue on Saturday, July 9, at 8:30 a.m. with the 3.05-mile Bill Burley MidSummer Championship, named after the founder of the series. That race that will start and finish at the Roxbury Land Trust preserve on River Road. The series has held races there since 2009.

The races will return to the Everett B. Hurlburt Community Park, the usual site, on Saturday, July 16, at 8:30 a.m. with a 6.4-mile event that will include a journey along Falls Road. A breakfast will be held at the community park shortly after the race to celebrate the series, which began 45 years ago this month.

Runners can enter the races through the \$25 season membership. They also can compete by completing the weekly waiver form. If they have a timing chip, the

cost is \$2. If they do not have a chip, the fee is \$5. Youth runners can participate for no cost after completing the weekly waiver form.

The series is sanctioned by the Roxbury Recreation Commission.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521, or access www.roxburyraces.net or the Roxbury Races Facebook page.