

Saturday, July 16, 2022

Sheldon Captures Roxbury Celebration Race

ROXBURY – Jeff Sheldon scored his ninth victory of the season in the weekly Roxbury Road Runners Club series by outrunning 29 challengers as the harriers celebrated their 45th anniversary,

Sheldon, 42, of Southbury was timed in 45-minutes 5-seconds – a 7:03-per-mile pace – over a 6.4-mile course that included a trip along Falls Road. He is a former two-time season champion at the series.

Rina McNamara of Kent was the first female finisher, placing eighth overall in 51:02.

Following the race, a breakfast was held, coordinated by veteran runner Cynthia DeGirolamo of Newtown, at the Everett B. Hurlburt Community Park to celebrate the series, which began on July 2, 1977.

Gift certificates to the Roxbury Market were awarded to DeGirolamo and former Executive Committee President Mary Mahrer, as well as the members of the current Executive Committee – President Runn Pribanic, Vice President Scott Cooney and Treasurer Janet Levy. Also receiving gift certificates were Operations Board members Larry Deming and Chris Deming.

Scott Benjamin, the race director for the Operations Team, received a framed gift certificate for his contributions over the last 45 years.

The series will continue on Saturday, July 23, at 8:30 a.m. with a race that will include a trip along the Tierney's Trail preserve near Squire Road.

Runners can compete through the \$25 season membership. They also can participate by completing the weekly waiver form. The fee is \$2 if they already have a timing chip. The cost is \$5 if they do not have a chip. Youth runners can compete for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin at ScottBenjaminWCSU2014@gmail.com or (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.