<u>California Runner Takes Roxbury MidSummer</u> <u>Championship</u>

ROXBURY – A competitor who lives within running distance of Hollywood – The Dating Capitol of the World – captured a road race in a small village in The Land Of Steady Habits.

Ben Mishico, 43, of South Pasadena, California captured the 3.05-mile Bill Burley MidSummer Championship on Saturday, July 9, at the weekly Roxbury Road Runners Club series.

He was clocked in 19-minutes, 34-seconds – a 6:31-per-mile pace - on the route, which traveled along part of River Road and concluded in the Roxbury Land Trust preserve.

The race is named after the founding director of the series, which began in 1977. The runners donated \$275 to the land trust, which has helped sponsor an annual race at the River Road preserve since 2009.

Three-time series female season champion Alison Masopust, 38, of Morris was the first woman and placed fourth overall in 21:00.

There were 51 finishers at the event, including a handful from out of state.

The series will continue on Saturday, July 16, with a 6.4-mile event that will include a trip along Falls Road. The race will start and finish near the Everett B. Hurlburt Community Park, the usual location.

Runners can compete through the \$25 season membership. They also can participate by completing the weekly waiver form. If they have a timing chip the fee is \$2. If they require a timing chip the cost is \$5. Youth runners can compete for free after completing the weekly waiver form.

The races are sanctioned by the Roxbury Recreation Commission.

For further information, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voice-mail) (860) 354-3521, or access <u>www.roxburyraces.net</u> or the Roxbury Races Facebook page.