

Saturday, May 21, 2022

Sheldon Scores Third Win Of 2022 At Roxbury In A Down-To-The-Wire Finish

ROXBURY – Jeff Sheldon took the winged-foot title by a narrow margin at weekly Roxbury Road Runners Club series for the third time this year, navigating a 3.0-mile trail course in 23-minutes, 43-seconds – a 7:54-per-mile pace.

Sheldon, 42, of Southbury, a former two-time season champion in the weekly series, edged Steven Pack, 41, of Roxbury, who was just two seconds slower – 23:45 – and third-place finisher Jeff Lipchus, 39, of Newtown, who was timed in 23:47.

Kateri Danay, 24, of Waterbury was the female winner and placed eighth overall with a time of 26:38 on Saturday, May 21, along the loop, which included a trip through part of the Roxbury Land Trust preserve and adjoining trails on River Road.

Chris Deming, 55, of Danbury - who placed fifth in 25:25 - is leading the season standings with 392 points.

The series will resume on Saturday, May 28, at 8:30 a.m. with the Roxbury Mile I, which will travel through part of the Everett B. Hurlburt Community Park, as well as part of Rocky Mountain Road and Apple Lane.

Runners can enter through the \$25 season membership. They can participate by completing the weekly waiver. The cost is \$5 if they do not have a timing chip. The fee is \$2 if they have a timing chip. Youth runners can compete for free.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.