## Sheldon, Masopust Prevail Over Challenging Roxbury 5.0-miler

ROXBURY – Jeff Sheldon scored his 11<sup>th</sup> overall victory and Alison Masopust annexed her 14<sup>th</sup> win this season at the weekly Roxbury Road Runners Club series over a challenging 5.0-mile course.

Sheldon, 42, of Southbury was timed in 32-minutes, 34-seconds – a 6:31-per-mile pace.

Masopust, 38, of Morris was second overall in the Saturday, October 22, event with a 35:16 clocking.

Third overall was Chris Deming, 55, of Danbury, who was timed in 36:04. He leads the 2022 season standings with 1,054 points.

The series will continue on Saturday, October 29, at 8:30 a.m. with a 7.2-mile event.

Runners can enter through the \$25 season membership. They also can participate after completing the weekly waiver form. If they have a timing chip, the fee is \$2. If they do not have a timing chip, the cost is \$5. Youth runners can compete for free after completing the weekly waiver form.

From November 5 through December 3, the runners will collect non-perishable goods for the Roxbury Food Pantry and unwrapped toys for the collection box at the Troop A state police headquarters in Southbury.

The Roxbury Marathon and Half Marathon will be held on Saturday, November 12, at 8:30 a.m. Details are available through the Roxbury Races Facebook page.

The fifth annual Roxbury Thanksgiving Day Charity Race is scheduled for Thursday, November 24, at 9 a.m. over a 3.1-mile loop.

Pre-registration is \$10 plus a handling fee via Ultra Sign-up at https://ultrasignup.com/default.aspx#.

Race day registrations of \$15 per runner will be taken on November 24 from 7:30 to 8:50 a.m.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at <a href="mailto:ScottBenjaminWCSU2014@gmail.com">ScottBenjaminWCSU2014@gmail.com</a>, (860) 354-3521 or access <a href="https://www.roxburyraces.net">www.roxburyraces.net</a> or the Roxbury Races Facebook page.