<u>Lipchus Annexes Eight Title, Danay Garners 15th</u> <u>Crown After Running Up Botsford Hill</u>

ROXBURY – Jeff Lipchus and Kateri Danay returned to the winners' circle after running an 11-mile course that included one of the most challenging hills in western Connecticut.

Lipchus, 39, of Newtown ran the route that went up the .9-mile incline on Botsford Hill Road in 1-hour, 25-minutes and 7 seconds – a 7:44-per-mile pace – to post his eighth win of the season at the weekly Roxbury Road Runners Club series.

Jon Binzen, 65, of New Milford placed second in 1:28.02.

Danay, 24, of Waterbury was sixth overall and collected her 15th victory in the women's division with a 1:29.51 clocking.

The series will continue with a 6.2-mile event on Saturday, September 24, at 8:30 a.m. that will include a trip up Painter Hill Road.

The Roxbury Marathon and Half Marathon will be held on Saturday, November 12, at 8:30 a.m. Race details are available at the Roxbury Races Facebook page.

The Roxbury Thanksgiving Day Charity race is scheduled for Thursday, November 24, at 9 a.m. over a 3.1-mile loop. Runners can pre-register at Ultra Sign-up https://ultrasignup.com/register.aspx?did=95688

The pre-registration fee is \$10 plus a handling charge. Race-day registration on November 24 will be from 7:30 to 8:50 a.m. with a fee of \$15.

In the weekly races you can enter through the \$25 season membership. You also can complete the weekly waiver form. If you have a timing chip the cost is \$2. If you need a timing chip the fee is \$5. Youth runners can compete for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voice-mail) (860) 354-3521 or access <u>www.roxburyraces.net</u> or the Roxbury Races Facebook page.