## <u>Consalvo Prevails For 12<sup>th</sup> Time At Roxbury Race</u> <u>Series</u>

ROXBURY – Tommy Consalvo easily scored his 12<sup>th</sup> victory of the season at the weekly Roxbury Road Runners Club series over a field of nearly 40 challengers.

Consalvo, 25, a former Brookfield High School and Quinnipiac University standout, covered a rolling 3.6-mile layout on Saturday, August 19, in 21-minutes, 45-seconds – a 6:02-per-mile pace.

Jeff Lipchus, 40, of the Sandy Hook section of Newtown, placed second in 23:00.

Kateri Danay, 25, of Waterbury tallied her 11<sup>th</sup> win of 2023 in the female division and was sixth overall with a clocking of 27:07 on the loop, which included a trip down the steep hill on Chalybes Road and up the long incline along Hemlock Road. Danay has been competing in the series since she was in middle school.

The series will continue on Saturday, August 26, at 8:30 a.m. with a 6.2-mile run that will include a trip in both directions along Judd's Bridge Road.

Runners can participate through the \$25 season membership. They also can compete by completing the weekly waiver form. If they have a timing chip, the fee is \$2. If they do not have a timing chip, the cost is \$5. Youth runners and current and former first responders and military personnel can participate for free after completing the weekly waiver.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

The sixth annual Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 23, at 9 a.m. Pre-registration is available via https://ultrasignup.com/register.aspx?did=105567 For more information, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voice-mail) (860) 354-3521 or access <u>www.roxburyraces.net</u> or the Roxbury Races Facebook page.