<u>Lipchus Annexes Final Regular Race Of 2023</u> Roxbury Season

ROXBURY – Jeff Lipchus easily won a 3.5-mile race, marking his sixth victory of the season as the Roxbury Road Runners Club series closed out the formal calendar on its season.

Lipchus, 40, from the Sandy Hook section of Newtown, was clocked in 23-minutes 47-seconds – a 6:45-per-mile pace- on the loop, which included a trip down the long hill on Hemlock Road.

Philip T. Birk 44 of Washington was second in 25:04 and Chris Deming, 57, of Danbury placed third in 25:55

Elizabeth Schneider, 26, was the first female finisher and took seventh overall in 28:22.

Deming captured the men's season championship for a second consecutive year and Kateri9 Danay of Waterbury garnered the female crown for a third straight year.

The series will conclude its 2023 season on Saturday, December 2, at 8:30 a.m. with a brief ceremony at the pavilion to the Everett B. Hurlburt Community Park at 18 Apple Lane in which the top six male and top six female finishers in the season standings will be awarded plaques. That event will be followed by an informal fun run.

Runners are encouraged to bring an unwrapped toy to donate to needy children. They will be delivered to the collection box at the Troop A State Police barracks in Southbury. Donations of non-perishable goods also will be accepted for the Roxbury Food Pantry, which is sponsored through the Christ Church of Roxbury.

The 2024 season, which will mark the 48th year of the series, is tentatively slated to start on Saturday, March 2, at 8:30 a.m.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near Hurlburt Community Park.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.