

Saturday, April 6, 2024

## Consalvo Repeats At Roxbury

ROXBURY – Thomas Consavlo, again easily outran the field to capture a 3.52-mile race at the weekly Roxbury Road Runners Club series.

Consalvo, 25, of Brookfield, a former standout runner at Quinnipiac University, was clocked in 19-minutes, 48-seconds – a 5:37-per-mile pace – over the loop, which included a trip up the long hill on Hemlock Road.

Dillon Bell, 25, also of Brookfield, was second in 23:20. Bell had won two races in the series last month.,

Donna Lesch, 57, of Southbury was the first female finisher and placed fifth overall in 30:17.

The series will continue on Saturday, April 13, at 8:30 a.m. with a 4.8-mile jaunt that will include a trip in both directions along part of Judd’s Bridge Road.

Runners can compete through the \$30 season membership. They also can participate by completing the weekly waiver form and paying a \$5 fee. Youth runners and current and present first responders and members of the military can run for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com) or (Voice-mail) (860) 354-3521, or access [www.roxburyraces.net](http://www.roxburyraces.net) or the Roxbury Races Facebook page.