Saturday, August 31, 2024

McCarron Runs Sub 5:00 Mile To Win In Big Roxbury Field

ROXBURY – Two-time defending Berkshire League cross-country champion Kyle McCarron, 18, of Kent easily sped to victory in the Roxbury Mile II.

The Housatonic Valley Regional High School senior was clocked in 4-minutes, 49-seconds in the Saturday, August 31, event, which had 66 finishers – the largest field of the 2024 campaign at the weekly Roxbury Road Runners Club series.

The field includes some parents with their school-age children and some runners who belong to the Run 169 Towns Society in which they seek to complete a race in each municipality in Connecticut.

Wylden Abraham, 15, of Roxbury placed second in 5:13.

Miriam Acevedo, 47, of New Milford was the first female finisher and took sixth overall with a time of 6:18.

The series will continue on Saturday, September 7, at 8:30 a.m. with a run over the 8.7-mile Battleswamp course.

Runners can enter through the $30 season membership. They also can participate by completing the weekly waiver form and paying $5. Youth entrants and current and former members of the military and first responders can run for free after completing the weekly waiver form.

The Roxbury Fall Classic with a 50-kilomter race and a marathon and half-marathon will be held on Saturday, November 9.

The Roxbury Thanksgiving Day Charity Race is scheduled for Thursday, November 28, at 9 a.m. Pre-registration is available at https://ultrasignup.com/register.aspx?did=116758. The cost is $13.62.

Race-day registration will be taken on November 28 from 7:30 to 8:50 a.m. The cost will be $15.

Proceeds will go to the Roxbury Scholarship Foundation and the Roxbury Ambulance Association.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.