

Saturday, August 3, 2024

Bell, Cole Capture Roxbury Race Blue Ribbons

ROXBURY – Dillon Bell annexed his sixth win of the season and Alyssa Cole, who began running the races as a middle school student, was the female champion over a challenging 6.4-mile loop at the weekly Roxbury Road Runners Club series.

Bell, 25, of Brookfield was clocked in 40-minutes, 13-seconds – a 6:17-per-mile pace. He is the men's and women's cross-country coach at Post University in Waterbury.

Cole, 37, of Woodbury was second overall in 42:30. She was the female champion in the series in 2000 when she was attending Woodbury Middle School.

Chris Deming, 57, of Danbury placed third in 46:43 and Mike Abraham, 65, of Roxbury took fourth with a clocking of 47:33. Abraham now leads the season standings with 599 points.

The series will continue on Saturday, August 10, at 8:30 a.m. with a 3.6-mile race that will include a trip down the steep hill on Chalybes Road and up the long hill on Hemlock Road.

Runners can participate through the \$30 season membership. They also can enter by completing the weekly waiver form and paying \$5. Youth entrants and current and former members of the military and first responders can participate for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at Scott BenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access the Roxbury Races Facebook page or www.roxburyraces.net.