

Saturday, March 16, 2024

## Lipchus Takes Roxbury 3.5-miler

ROXBURY – Jeff Lipchus moved to the front pack early and held on for victory over a 3.5-mile loop at the Roxbury Road Runners Club series.

Lipchus, 40, from the Sandy Hook section of Newtown, was timed in 23-minutes, 52-seconds – a 6:47-per-mile pace – over the course, which included a trip down the long hill on Hemlock Road.

Chris Deming, 57, of Danbury, a former multiple season champion in the weekly series, placed second in the Saturday, March 16, event with a clocking of 24:02.

Kateri Danay, 26, of Waterbury was the first female finisher and took seventh overall in 27:07.

The series will continue on Saturday, March 23, at 8:30 a.m. with a 3.7-mile race that will include a trip up the long incline along Ranney Hill Road.

Runners can participate through the \$30 season membership. They also can complete the weekly waiver form and pay a \$5 fee. Youth runners and current or former first responders and members of the military can participate for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com). (Voice-mail) (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net) of the Roxbury Races Facebook page.