

Saturday, May 11, 2024

Deming Strides To Roxbury Victory

ROXBURY – Chris Deming, the reigning season champion at the weekly Roxbury Road Runners Club series, placed first over a challenging 8.5-mile loop.

Deming, 57, of Danbury covered the course, which included a trip up the long incline on Painter Hill Road, in 1-hour, 1-minute and 22 seconds – a 7:24-per-mile pace. He outlasted Jeff Lipchus, 40, of the Sandy Hook section of Newtown, who took second in 1:03.46.

Lipchus tops the standings through the first 10 races of 2024 with 360 points,. Deming is second with 352 points.

Miriam Acevendo, 47, of New Milford was the first female harrier and placed seventh overall with a 1:08.18 clocking.

The series will continue on Saturday, May 18, at 8:30 a.m. with a 3.9-mile run that will include a trip along the Horrigan Trail. The Roxbury Mile I, which typically attracts a large field, is scheduled for Saturday, May 25, at 8:30 a.m.

Runners can participate through the \$30 season membership. They also can enter by completing the weekly waiver and paying a \$5 fee. Current and former members of the military and first responders, as well as youth entrants can compete for free.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, please contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521, or access www.roxburyraces.net or the Roxbury Races Facebook page.