

Saturday, May 4, 2024

Consalvo, As Usual, Easily Prevails At Roxbury

ROXBURY – Thomas Consalvo annexed his fourth victory in as many starts in 2024 at the weekly Roxbury Road Runners Club series in typical fashion by easily besting a competitive field.

Consalvo, 25, of Brookfield was clocked in a swift 24-minutes, 23-seconds – a 5:40-per-mile pace – over a 4.3-mile loop that included a trip down the hill on High Bridge Road at the 34th annual Larry Kershner MidSpring Challenge.

Consalvo finished more than five minutes ahead of his closest competitor. He formerly was a standout at Brookfield High School and Quinnipiac University.

Chris Deming, 57, of Danbury, a two-time season champion in the series, placed second with a 29:35 clocking. Mark Andrejczyk, 51, of Shelton took third with a time of 29:38.

Kateri Danay, 26, of Waterbury was the first female finisher and was fifth overall with a 32:22 clocking.

Following the race, the runners held a brief ceremony to honor the contributions of the late Kershner of Roxbury, who was the race director from 1980-1985 and expanded the series from eight races in the summer to the current 38-race format from late February to early December.

The series will continue on Saturday, May 11, with an 8.5-mile event.

Runners can enter through the \$30 season membership. They also can participate by completing the weekly waiver form. The fee is \$5. Current and former first responders and military personnel as well as youth runners can run for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521, or access www.roxburyraces.net or the Roxbury Races Facebook page.