

Saturday, November 16, 2024

## Abraham conquers Roxbury Turnaround Course

ROXBURY – Wylden Abraham, a standout runner at Shepaug Valley High School-Washington, captured the winged-foot title over a 6.6-mile jaunt at the weekly Roxbury Road Runners Club series.

Abraham, 16, of Roxbury covered the loop - which took the runners to near the end of Sentry Hill Road, where they turned around and retraced their steps – in 46-minutes, 2-seconds, a 6:58-per-mile pace.

His father, former New Milford High School cross country coach Mike Abraham, leads the 2024-point standings for the series.

In the 6.6-mile event, Jeffrey Siegler, 25, of Southbury placed second in 46:38.

Miriam Acevedo, 47, of New Milford was the first female finisher and took eighth overall in 52:48.

The series will continue with a 4.2-mile race on Saturday, November 23, at 8:30 a.m. that will include a trip down the long hill on Hemlock Road and up the incline on Ranney Hill Road.

Runners can enter through the \$30 season membership. They also can participate by completing the weekly waiver form and paying \$5. Youth entrants and current and former first responders and members of the military can run for free after completing the weekly waiver form.

The runners will collect non-perishable items for the Roxbury Food Pantry through Saturday, December 7, when the season will conclude with an unofficial non-points 2.4-mile run.

They will collect unwrapped toys for needy children at the November 30 and December 7 races.

The Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 28, a 9 a.m. over a 3.1-mile course. Proceeds will benefit the Roxbury Scholarship Foundation and the Roxbury Ambulance Association.

Advance registration is \$13.62 and can be completed at Ultra Signup:  
<https://ultrasignup.com/register.aspx?did=116758>

The race-day registration will be held on November 28, from 7:30 to 8:50 a.m. at a cost of \$15 per runner. Proceeds will go to the Roxbury Scholarship Foundation and the Roxbury Ambulance Association.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (Voice-mail) (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net) or the Roxbury Races Facebook page.