Saturday, November 23, 2024

Bell Is First Harrier Over 4.2-mile Roxbury Loop

ROXBURY – Dillon Bell posted his eighth win of the season at the Roxbury Road Runners Club series by easily capturing a 4.2-mile race along a route that included a dire road and steep hills.

Bell, 25, a Bethel High School graduate who lives in Brookfield was time in 26minutes 13-seconds – a 6:14-per-mile pace. He is currently the cross-country coach at Post University in Waterbury.

Jeffrey Seigler, 25, of Southbury placed second in 28:03 in the Saturday, November 23, event that went down the incline on Hemlock Road and up the incline on Ranney Hill Road.

Kristin Vaughan, 40, of East Hartford was the first female finisher and took seventh overall with a 31:23 clocking.

The series will continue with a 3.5-mile race on Saturday, November 30, at 8:30 a.m. that will include a trip down the long hill on Hemlock Road.

Runners can enter through the \$30 season membership. They also can participate by completing the weekly waiver form and paying \$5. Youth entrants and current and former first responders and members of the military can run for free after completing the weekly waiver form.

The runners will collect non-perishable items for the Roxbury Food Pantry through Saturday, December 7, when the season will conclude with an unofficial non-points 2.4-mile run.

They will collect unwrapped toys for needy children at the November 30 and Decvember 7 races. The series will conclude on Saturday, December 7, with an unofficial 2.4-mile race that will not count in the point standings. The top six male and top six female finishers for the 2024 season will receive plaques at a ceremony before the race. The Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 28, a 9 a.m. over a 3.1-mile course. Proceeds will benefit the Roxbury Scholarship Foundation and the Roxbury Ambulance Association.

Advance registration is \$13.62 and can be completed at Ultra Signup: https://ultrasignup.com/register.aspx?did=116758

The race-day registration will be held on November 28, from 7:30 to 8:50 a.m. at a cost of \$15 per runner. Proceeds will go to the Roxbury Scholarship Foundation and the Roxbury Ambulance Association.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voice-mail) (860) 354-3521 or access <u>www.roxburyraces.net</u> or the Roxbury Races Facebook page.