

Saturday, October 12, 2024

Lipchus, McNamara Fastest Harriers Over 3.7-Mile Roxbury Loop

ROXBURY -- Jeff Lipchus and Rina McNamara were in the winner's circle after completing a rolling terrain at the weekly Roxbury Road Runners Club series.

Lipchus, 41, from the Sandy Hook section of Newtown was first overall with a clocking of 24-minutes, 48-seconds – a 6:42-per-mile pace. It was his sixth victory of the season in the series.

Jeff Siegler, 25, of Southbury was second in 25:21 In the Saturday, October 12, race which included a trip down the long incline along Ranney Hill Road and a jaunt up the hill on Apple Lane through the final three-tenths of a mile on the course.

McNamara, 47, of Litchfield was first in the female division and seventh overall in 27:28. She leads the season standings in the women's division.

The series will continue on Saturday, October 19, with an 8.2-mile race that will include a trip along both directions of Judd's Bridge Road.

Runners can enter through the \$30 season membership. They also can participate by completing the weekly waiver form and paying \$5. Youth entrants and current and former first responders and members of the military can run for free after completing the weekly waiver form.

The runners will collect non-perishable items for the Roxbury Food Pantry starting Saturday, November 2, through the remainder of the season.

The Roxbury Fall Classic - which will include a 50-kilometer race, a marathon and half-marathon - is slated for Saturday, November 9.

The Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 28, at 9 a.m. over a 3.1-mile course.

Advance registration is \$13.62 and can be completed at Ultra Signup:
<https://ultrasignup.com/register.aspx?did=116758>

The race-day registration will be held on November 28, from 7:30 to 8:50 a.m. at a cost of \$15 per runner. Proceeds will go to the Roxbury Scholarship Foundation and the Roxbury Ambulance Association.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access the Roxbury Races Facebook page or www.roxburyraces.net.