

Saturday, September 28, 2024

Deming Top Harrier Over Challenging Course

ROXBURY – Two-time season champion Chris Deming prevailed at the weekly Roxbury Road Runners Club series over a loop that included the toughest hill on the 38-race schedule.

Deming, 57, of Danbury was timed in 1-hour, 25-minutes and 48-seconds – a 7:40-per-mile pace - over the 11.2-mile route that included a trip up the 1-mile incline on Botsford Hill, just after the four-mile mark.

Cindy DeGirolamo, 58, of Newtown, was the first female finisher at the Saturday, September 28, race and placed seventh overall in 1:43.59. She is a former season champion in the women's division at the series.

The series will continue on Saturday, October 6, at 8:30 a.m. with the annual Ed Sandifer staggered Start Race, which is named after a 12-time season champion in the series.

The runners will take off based on their ability over a 2.4-mile course that will include a trip down the steep hill on Chalybes Road.

Runners can enter through the \$30 season membership. They also can participate by completing the weekly waiver form and paying \$5. Youth entrants and current and former first responders and members of the military can run for free after completing the weekly waiver form.

The Roxbury Fall Classic - which will include a 50-kilometer race, a marathon and half-marathon - is slated for Saturday, November 9.

The Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 28, at 9 a.m. over a 3.1-mile course.

Advance registration is \$13.62 and can be completed at Ultra Signup:
<https://ultrasignup.com/register.aspx?did=116758>

The race-day registration will be held on November 28, from 7:30 to 8:50 a.m. at a cost of \$15 per runner. Proceeds will go to the Roxbury Scholarship Foundation and the Roxbury Ambulance Association.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access the Roxbury Races Facebook page or www.roxburyraces.net.