Deming conquers Battleswamp

ROXBURY – Chris Deming garnered his fourth victory of the 2024 season at the weekly Roxbury Road Runners Club series by striding over paved and dirt roads and a trail in a land preserve.

Deming, 57, of Danbury covered the 8.7-mile Battleswamp Preserve layout in 1-hour, 6-minutes and 45-seconds – a 7:40-per-mile pace.

Dwight Harris, 38, of Southbury placed second in 1:07.39. He won a 3.6-mile event at the Roxbury series last month.

Miriam Acevedo, 47, of New Milford posted her 12th triumph in the women's division this year. She was clocked in the Saturday, September 7, race with a time of 1:09.17.

The series will continue on Saturday, September 14, at 8:30 a.m. with 4.3-mile race, which will include a trip down the hill on High Bridge Road.

Runners can participate through the \$30 season membership. They also can enter by completing the weekly waiver form and paying \$5. Youth runners and current and former members of the military and first responders can enter for free after completing the weekly waiver form.

The Roxbury Fall Classic – which will include a 50-kilometer, a marathon and a half-marathon – will be held on Saturday, November 9. Registration is available via Ultra Signup.

The Roxbury Thanksgiving Day Charity Race is scheduled for Thursday, November 28, at 9 a.m. over a 3.1-mile course. Proceeds will go to the Roxbury Ambulance Association and the Roxbury Scholarship Foundation.

Pre-registration is available for \$13.62 through Ultra Signup https://ultrasignup.com/register.aspx?did=116758. Race-day registration will be accepted on November 28 from 7:30 a.m. to 8:50 a.m. at a cost of \$15 per runner.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburet Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.