

Saturday, April 12, 2025

Lipchus, Constantine Top Harriers At Roxbury 5.0-miler

ROXBURY – Jeff Lipchus garnered his first victory of the 2025 campaign at the Roxbury Road Runners Club series by outrunning a fleet field over a course with long, steep hills.

Lipchus, 41, from the Sandy Hook section of Newtown covered the 5.0-mile loop on Saturday, April 12, in 33-minutes, 21-seconds – a 6:40-per-mile pace. He tallied six victories in 2024 at the weekly series.

Shepaug Valley High School runner Wylden Abraham, 16, of Roxbury, who has annexed three wins this year at the series, placed second. He was clocked in 33:57 over the route, which included a jaunt up the inclines on Squire Road and Apple Lane.

Kaleigh Constantine, 29, of Southbury was the first female finisher and took eighth overall in 41:36. She formerly ran for Danbury High School and Iona College.

The series will continue on Saturday, April 19, at 8:30 a.m. with a 4.8-mile event that will include a trip in each direction along Judd's Bridge Road.

Runners can compete through the \$30 season membership. They also can participate by completing the weekly waiver form and paying \$5. Current and former members of the military and current and former first responders can run for free after completing the weekly waiver form.

The Larry Kershner MidSpring Challenge will be held on Saturday, May 3, at 8:30 a.m. over a 4.3-mile route. The race is named after one of the former head directors of the series.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.