

Saturday, April 19, 2025

Abraham Makes It A Roxbury Four-Leaf Victory Clover

ROXBURY – Shepaug Valley High School running ace Wylden Abraham tallied his fourth victory of 2025 at the weekly Roxbury Road Runners Club series by outrunning his closest rival over the second half of a 4.8-mile jaunt that went past a raft of colonial houses and through the downtown section.

Abraham, 16 of Roxbury extended his lead after the turnaround at the 2.4-mile point to outlast Jeffrey Siegler, 25, of Southbury.

Abraham was timed in 30-minutes, 3-seconds – a 6:16-per mile pace. Siegler a clocked in 30:31 to place second.

Abraham’s father, former New Milford High School Social Studies teacher and cross-country coach Mike Abraham, 65, placed third in 32:29. He leads the season -standings with 325 points through the first eight races. He captured the 2024 season championship.

Jenna Bednar, 31, of New Milford took the top prize among the women and was sixth overall in 36:06.

The series will continue with a 6.5-mile race on Saturday, April 26, at 8:30 am. that will include a trip down the hill on Hemlock Road and up the Horrigan Trail off of River Road.

Runners can compete through the \$30 season membership. They also can participate by completing the weekly waiver form and paying \$5. Youth entrants and current and former members of the military and current and former first responders can run for free after completing the weekly waiver.

On Saturday, May 3, at 8:30 a.m. the 35th annual Larry Kershner MidSpring Challenge will be run on a 4.3-mile loop. The race is named after a former director of the series.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyracves.net or the Roxbury Races Facebook page.