

Saturday, July 5, 2025

Harris, Constatine Capture Roxbury Titles

ROXBURY – Dwight Harris and Kaliegh Constatine posted victories on a course with one of the most challenging hills in the weekly Roxbury Road Runners Club series.

The field had to endure the steep four-tenths-of-a-mile incline on Chalybes Road.

Harris, 39, of Southbury scored his fourth win at Roxbury in 2025. He covered the 2.4-mile route in 15-minutes, 57-seconds – a 6:38-per-mile pace.

Mike Abraham, 65, of Roxbury – who was the 2024 season champion – placed second in 17:33.

Constatine tallied her third win of 2025 in the women's division. The 28-year-old Southbury resident was clocked in 18:15, taking fourth place overall.

The series will continue on Saturday, July 12, at 8:30 a.m. a 3.0-mile run that will start and finish at the Roxbury Land Trust's River Road Preserve.

The event honors Bill Burley, who started the series with an eight-week summer schedule in July, 1977. It now has 38 regular season races each year.

During the post-race ceremony, the runners will present a contribution to the Roxbury Land Trust. Except for the 2020 - during the pandemic – the series has contributed money each year since 2009.

The series will return to its usual location – the Everett B. Hurlburt Community Park at 18 Apple Lane – on Saturday, July 19, for a 6.2-mile event. There will be no race on Saturday, July 26, due to the New Milford Parks & Recreation 7.8-mile and 3.1-mile events.

Runners can compete in the races through the \$30 season membership. They also can participate by completing the weekly waiver form and paying a \$5 fee. Youth entrants, current and former members of the military and current and former first responders can run for free after completing the weekly waiver form.

The races are sanctioned by the Roxbury Recreation Commission.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.