

Saturday, March 29, 2025

Spartan Harriers Score Victories At Roxbury Race

ROXBURY – Two Shepaug Valley-Washington High School runners took home the orchids in a 4.3-mile race at the Roxbury Road Runners Club series.

Wylden Abraham, who runs for the Spartans in cross-country and track & field, tallied his third victory in the five races since the current season commenced on March 1.

The 16-year-old Roxbury resident captured the run, which included a trip up the hill on High Bridge Road, in 28-minutes, 58-seconds – a 6:44 per-mile pace.

The female winner on Saturday, March 29, was Natalie Orletski, 15, of Bridgewater, another of the three towns in the regional school district. She was seventh overall with a clocking of 33:48. She also had captured a race last November at the weekly series.

Jeff Sheldon, 44, of Southbury, a two-time season champion at the Roxbury series, was second overall in 29:21.

The series will continue on Saturday, April 5, at 8:30 a.m. with a 3.5-mile loop that will include a trip up the long hill on Hemlock Road.

Runners can compete through the \$30 season membership. They also can enter by completing the weekly waiver form and paying a \$5 fee. Youth runners and current and former members of the military and current or former first responders can enter for free after completing the weekly waiver form.

The Larry Kershanr MidSpring Challenge over a 4.3-mile route will be held on Saturday, May 3, at 8:30 a.m. The race will honor a former race director of the series who designed the current nine-month long schedule.

The races, which are sanctioned by the Roxbury Recreation Commission start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.