

Saturday, May 24, 2025

Abraham Claims Mile Crown For Fifth Roxbury Victory Of 2025

ROXBURY – Shepaug Valley-Washington High school running ace Wylden Abraham edged Dwight Harris of Southbury in the Roxbury Mile I, giving him five victories this year in the weekly Roxbury Road Runners Club series.

Abraham, 16, of Roxbury was clocked in 5-minutes, 21-seconds on the route that went from near the south end – beyond the Everett B. Hurlburt Community Park – of Apple Lane to the parking lot at the Booth Free School

Harris, 39, was one second behind in 5:22, and Abraham's father, Mike Abraham, a former cross-country coach at New Milford High School, was third in 5:46.

Miriam Acevedo, 48, of New Milford placed fourth overall and first in the female division with a 6:38 clocking.

The race attracted runners from elementary school-age to age 80.

The series will continue on Saturday, May 31, at 8:30 a.m. with the 9.9-mile Moosehorn Run.

Runners can enter through the \$30 season membership. They also can participate by completing the weekly waiver form and paying a \$5 fee. Youth entrants and current and former members of the military and current and former first responders can enter for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, typically start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.

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