

# Post Scores On Thanksgiving Day Race Weekend

ROXBURY -- Will Post followed his third-place finish in the Roxbury Thanksgiving Day Charity Race with a victory in the final official event of the 2025 season at the Roxbury Road Runners Club series.

Post, 19, who is on the cross-country team at the Taft School in Watertown, covered a 3.5-mile course on Saturday, November 29, in 22-minutes, 15-seconds – a 6:19-per-mile pace.

He edged Jeff Lipchus, 42, of the Sandy Hook section of Newtown, who was clocked in 22:20. Lipchus has been a frequent winner at the Roxbury races over the recent years.

Miriam Acevedo, 48, of New Milford was the first female finisher and took 10<sup>th</sup> overall in 27:33.

The series will conclude its 2025 season on Saturday, December 6, at 8:30 a.m. with a 2.4-mile race that will be timed and posted but not placed in the official standings for the season.

Before the race, plaques will be awarded to the top six female and top six male runners in the 2025 standings.

Among the females: Acevedo was first; Cindy Degirolamo, second; Kateri Danay third; Kaleigh Constatine, fourth; Lauren Contorno, fifth; and Irene Clarke, sixth

In the men's division, Mike Abraham was the champion for a second consecutive year; Chris Doming, second; Nick Nassra, third; Dan Lamb, fourth; Scott Benjamin, fifth; and Lipchus, sixth.

Runners can enter the December 6, race through the \$30 season membership or by completing the weekly waiver form and paying \$5. Youth runners, current and former members of the military and current and former first responders can compete for free after completing the weekly waiver form.

Runners are encouraged to bring either an unwrapped toy for the collection box at the Troop A state Police Barracks in Southbury or non-perishable goods for the Roxbury Food Pantry at the local Church of Christ.

The 2026 season is tentatively scheduled to start on Saturday, March 2, at 8:30 a.m.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (Voice-mail) (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net) or the Roxbury Races Facebook page.