

Saturday, October 25, 2025

Bell, Constatine In The Roxbury Winner's Circle

ROXBURY – Post University cross country coach Dillon Bell, 26, annexed his third victory of the 2025 campaign at the Roxbury Road Runners Club series – outrunning his nearest challenger by more than four minutes.

Bell of New Milford was clocked in 33-minutes, 43 seconds – a 6:44-per-mile pace over a 5.0-mile loop that included a trip up the long, steep hill on Apple Lane.

He had eight victories in 2024 in the weekly series.

Dwight Harris, 39, of Southbury placed second in the Saturday, October 25, event with a clocking of 38:08.

Former Danbury High School ace Kaliegh Constantine, 29, of Southbury was third overall and first in the female division. The former Iona College runner was timed in 40:13.

With four races remaining in the regular season, Mike Abraham, 66, of Roxbury – the 2024 season champion, is leading this year's standings with 1,078 points. He did not compete in the most recent race.

Miriam Acevedo, 48, of New Milford took fourth overall in the most recent race with a time of 40:30. She has 938 points to place her second for the season and first in the female division.

The series will continue with a 4.5-mile race on Saturday, November 1, at 8:30 a.m. that will include a trip up the steep hill on Squire Road.

Runners can enter via the \$30 season membership. They also can compete by completing the weekly waiver form and paying \$5. Youth entrants and current and

former members of military and current and former first responders can run for free after completing the weekly waiver form

Registration is available at Ultrasignup for the Roxbury Fall Classic on Saturday, November 8 – which will offer a half-marathon, marathon and 50-kilometer race.

The eighth annual Roxbury Thanksgiving Day Charity Race over a 3.1-mile route will be held on Thursday, November 27, at 9 a.m.

Pre-registration is \$10 with a \$3.12 service fee. It is available at <https://ultrasignup.com/register.aspx?did=127153>.

Race-day registration is \$15 and will be available on November 27 from 7:30 a.m. through 8:50 a.m.

Proceeds from the race will be donated to the Roxbury Ambulance Association and the Roxbury Scholarship Foundation.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.