## <u>Abraham Nets 12<sup>th</sup> Win Of 2025 At Roxbury</u> Series

ROXBURY – Shepaug Valley High School-Washington standout Wylden Abraham was able to outlast Jeff Lipchus and annex his 12<sup>th</sup> win of 2025 at the weekly Roxbury Road Runners Club series.

On Saturday, October 18, Abraham, 17, of Roxbury covered the daunting 8.2-mile course, which includes trips in both directions on Judd's Bridge Road, in 55-minutes, 56-seconds – a 6:49-per-mile pace. Lipchus, 42, of the Sandy Hook section of Newtown, who has won 10 Roxbury events this year, was just four seconds behind at 56:00.

Michelle Nahom, 56, of New Tazewell, TN was the top female finisher and placed sixth overall with a clocking of 1:07.37.

Abraham's father, former New Milford High School cross country coach, Mike Abraham, placed fourth in the race and leads the season standings with 1,078 points. He was the 2024 season champion.

Miriam Acevedo, 48, of New Milford, who took ninth place in the 8.2-miler is leading the female standings and is in second place overall with 908 points. The last race for the point standings will be on Saturday, November 29.

The series will continue on Saturday, October 25, at 8:30 a.m. with a 5.0-mile race that will include a trip down the long hill on Squire Road.

Runners can compete through the \$30 weekly waiver. They also can participate by completing the weekly waiver form and paying \$5. Youth runners, current and former members of the military and current and former first responders can compete for free after completing the weekly waiver form.

The Roxbury Fall Classic will be held on Saturday, November 9, with a half-marathon, marathon and 50-kilometer run. Registration is available at UltraSingup.

The eighth annual Roxbury Thanksgiving Day Charity Race will run on Thursday, November 27, at 9 a.m. over 3.1 miles. Pre-registration is available via Ultrasignup for \$10 along with a \$3.12 service fee. Race-day registration of \$15 per runner will be held on November 27 from 7:30 a.m. to 8:50 a.m.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at <a href="mailto:ScottBenjaminWCSU2014@gmail.com">ScottBenjaminWCSU2014@gmail.com</a>, (Voice-mail) (860) 354-3521 or access <a href="https://www.roxburyraces.net">www.roxburyraces.net</a> or the Roxbury Races Facebook page.