

<u>Distance</u>	<u>Course</u>	<u>Men's Record</u>	<u>Time</u>	<u>Year</u>	<u>Women's Record</u>	<u>Time</u>	<u>Year</u>
1	Roxbury Mile	Michael Hall	4.42	2009	Alana Levy	5.21	2019
2.3	West Chalybes	Dylan Weissinger	14.12	2016	Katie Burns	17.17	2016
2.4	Up Chalybes	David Hunt	13.07	2012	Alison Lind	14.57	2005
2.4	Down Chalybes	Dylan Weissinger	13.16	2016			
3	Nature preserve (Alternate Start location)	Pat Dennen	16.28	2016	Emily De La Bruye	17.20	2018
3	Apple - Jeep - River Rd Preserve (lollipop)	Joey Nihill	20.14	2019	Alison Masopust	23.12	2019
3.05	Hemlock out and back	Zach Anderson	16.35	2016	Alison Masopust	19.40	2019
3.52	Up Hemlock	Ben Danton	19.38	2003	Alana Levy	21.44	2021
3.52	Down Hemlock	Hunter McIntyre	18.55	2017			
3.57	Down Hemlock Up Chalybes	Jeff Sheldon	20.38	2013			
3.57	Down Chalybes Up Hemlock	Kevin Ortega	20.56	2012			
3.6	Jeep Trail (Short Course)	Jeff Sheldon	21.18	2015	Alison Masopust	23.52	2019
3.7	Down Ranney Up Chalybes	Pat Dennen	21.23	2014			
3.7	Down Chalybes Up Ranney Hill	Jeff Sheldon	20.53	2013			
3.7	Down Ranney	Jeff Sheldon	22.04	2011			
3.7	Up Ranney	Desmond O'Grady	20.36	2010	Alison Masopust	23.02	2019
3.9	Jeep Trail	Jeff Sheldon	22.26	2012			
4.2	Down Hemlock Up Ranney	Jack Kuenzle	24.00	2019	Alison Lind	25.50	2005
4.2	Down Ranney Up Hemlock	Taylor Phillips	22.53	2014			
4.3	High Bridge - counter clockwise	Desmond O'Grady	24.11	2010	Alison Masopust	27.09	2019
4.3	Down Highbridge Reverse	Desmond O'Grady	23.55	2010			
4.4	Up Chalybes Down Hemlock	Jeff Sheldon	26.21	2010	Alison Masopust	29.39	2018
4.5	Squire 4.5 counter clockwise	Thomas Consalvo	25.38	2023	Alyssa Cole	29.50	2023
4.8	Judd's Bridge road (Short Course)	Desmond O'Grady	27.50	2010			
5	Down Ranney Up Hemlock Down Chalybes	Ken Merrick	29.58	2013			
5	Up Squire rd	Craig Hunt	29.07	2011			
5	Down Squire rd	Jeff Sheldon	29.47	2012			
5.7	High Bridge - end of River - Jeep	Dave Harvey	37.33	2017	Alison Masopust	41.56	2017
6	Sentry Hill Loop (Clockwise)	Rory McNamara	40.26	2022	Kateri Danay	45.44	2022
6.2	Up Painter Hill rd	Jeff Sheldon	37.15	2015	Liz Campbell	39.06	2014
6.4	Minors Bridge to Falls road	Hunter McIntyre	37.02	2018	Alison Masopust	42.54	2015
6.5	Down Hemlock - Up Jeep Trail	Joey Nihill	42.02	2019	Alison Masopust	45.09	2019

6.6	Sentry Hill	Ken Merrick	40.36	2013			
6.7	Up Ranney Up Painter	Jeff Sheldon	41.56	2010			
7.25	DAS BOOT!!!!	Sean Parker	45.56	2017		Alison Masopust	48.23 2019
7.25	Down Hemlock Up Painter	Jeff Sheldon	45.59	2016			
7.3	Jeep Trail to Hemlock	Jeff Sheldon	45.43	2010			
8.2	Judd's Bridge road	Jeff Sheldon	49.03	2014			
8.3	Painter Hill - Booth - Goldmine	Jeff Lipchus	1.00.51	2023		Kateri Danay	1.12.51 2023
8.7	Battleswamp Preserve	Jeff Sheldon	59.55	2019		Alison Masopust	1.01.50 2019
9.8	Moosehorn	Joey Nihill	1.01.30	2021		Alison Masopust	1.11.38 2019
11.2	Up Botsford Hill	Mike Hall	1.07.56	2008		Laura Pierce	1.17.30 2017
13.1	Roxbury Half Marathon	Pat Dennen	1.22.06	2017		Maddie Leopold	1:31:11 2018
26.2	Roxbury Marathon	Chuck Engle	2.43.59	2015		Sara Belles	3:11:57 2015