

## **Sheldon, Belles Post Victories At Roxbury Half Marathon**

**ROXBURY – Jeff Sheldon, 33, of Southbury and Sara Belles, 32, of Brookfield captured their respective titles in the Roxbury Half Marathon, a grueling 13.1-mile jaunt through some of the town's country roads.**

**Sheldon, a former two-time season champion in the weekly Roxbury Road Race Series, was clocked in 1-hour, 23-minutes and 17-seconds in the Saturday, Nov. 9 event.**

**Eric Krebs, 44, of Roxbury placed second in 1:25.47.**

**Belles, who has been one of the premier female distance runners in the area over the recent years, was sixth overall in a field of 95 runners with a time of 1:33.11.**

**The race, which began a decade ago, has become popular as there were several runners that wanted to compete but weren't among those that registered early through the Internet.**

**Scott Benjamin, the head director, of the Roxbury Road Race Series, thanks race registration coordinator Chris Deming and the dozens of volunteers who donated their efforts.**

**The Roxbury Road Race Series will resume Saturday, Nov. 16, at 8:30 a.m. with a 3.52-mile run that will include a trip down the long hill on Hemlock Road. There will be no entry fee.**